

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & ham panini	Beef bolognese	Chicken tikka + rice	Chicken sausage + gravy	Fish fingers + peas
Option 2	Tomato & cheese panini	Quorn bolognese	Tomato & veg pasta bake	Quorn sausage + gravy	Cheese whirl + beans
Option 3	Jacket Potato with cheese/ tuna/beans	Sandwiches ham/ cheese/tuna	Jacket Potato with cheese/ tuna/beans	Sandwiches ham/ cheese/tuna	Jacket Potato with cheese/ tuna/beans
Sides	Potato wedges/beans/ salad selection	Garlic bread/ Peas/ Salad selection	Naan bread/ sweetcorn/ salad selection	Mash potatoes /baby carrot/ salad selection	Chips/salad selection
Desserts	Banana cake/fruit	Yoghurt/ fruit	Choc chip shortbread/ fruit	Jelly/fruit	Lemon drizzle cake/fruit